



## TAKING PHOTOGRAPHS

### - USING FINGER & SPOON -

#### 1 Take the photographs - Remember to first wash your hands thoroughly

You will need a pair of spoons to help move the lips and cheeks out of the way and a smartphone. For best results ask your parents or friend to take the photographs. Use the examples below as a guide as what the photographs should look like.



RIGHT SIDE



FRONT VIEW



LEFT SIDE



UPPER TEETH



LOWER TEETH

#### 2 Send the photographs

Upload the photographs to the [DM App](#). If you are not using the App and are happy to use regular email, send to [smile@LondonOrthodontics.com](mailto:smile@LondonOrthodontics.com) with the patient's name and the initial of the surname with any questions. Alternatively contact Dr Manara who can arrange for a secure dropbox link to be sent to you to transfer the photographs.